

The Value of Exploration

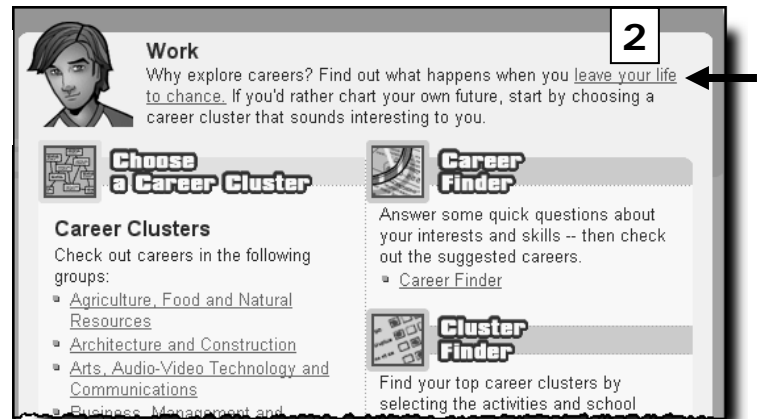
Prerequisites: Choices Explorer Tutorials 1 & 2

If you are going to use Choices Explorer, you might as well know why. This guide will show you why career exploration is important, and we'll have a little fun along the way

- 1) Sign in to **Choices Explorer** so that you are on the **Home** page, then click on the **Work** tab at the top

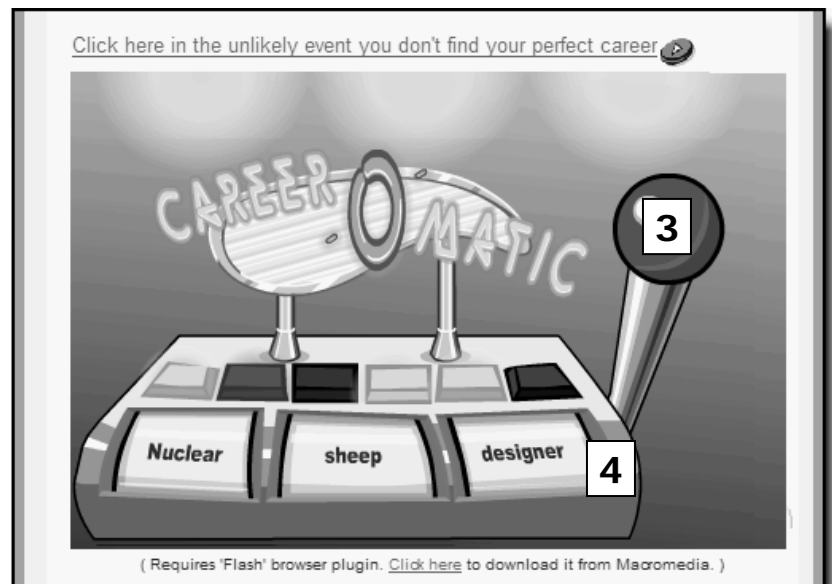


- 2) Let's see what happens if you don't *explore* and plan; click on **leave your life to chance**

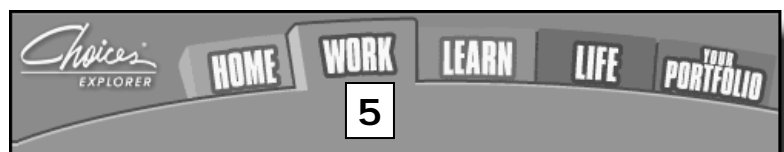


- 3) Just click on the handle to let **Career-O-Matic** pick a career for you!

- 4) OK, so maybe the Career-O-Matic isn't suggesting *real* careers. The point is that your career should not be left up to chance – real or otherwise. Leaving it to chance is like never looking at a menu and waiting to see what food lands on your table. You may get something you don't like, or even worse, nothing at all. And, remember, your career is a meal that you have for the rest of your life!



- 5) Let's begin your exploration by taking a quick glimpse at the career 'menu': click on the **Work** tab

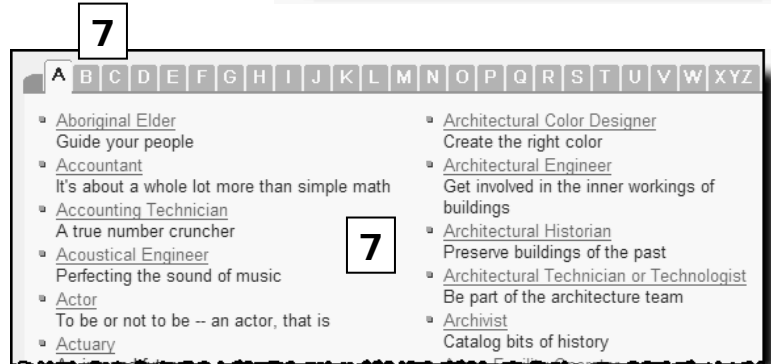


Find Your Perfect Career

6) Click on **Alphabetical List**



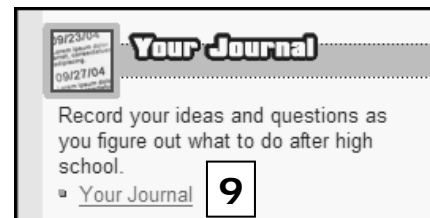
7) Check out the large list of careers just under the letter 'A'. Click on 'B' and 'C' for good measure. How many of these do you know about? Imagine how many others you don't know about under the other 23 letters.



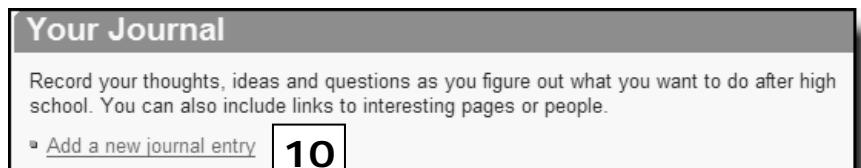
8) Now it's time for a little reflection. Click on the **Your Portfolio** tab to access your Journal



9) Click on **Your Journal**

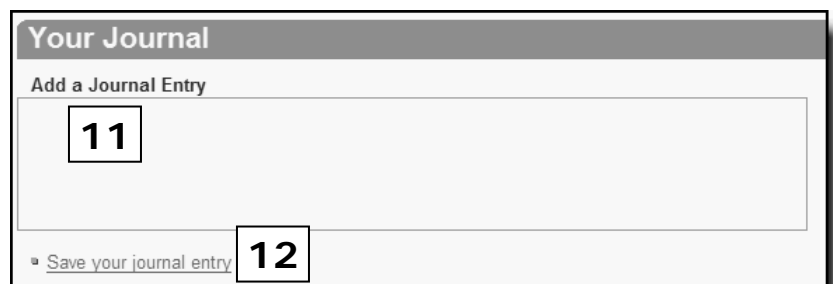


10) Click on **Add a new journal entry**



11) Based on what you learned from this activity, answer, in complete form, the following question under **Add a Journal Entry**:

Q: **Why is it important to *explore* career options early and take an active role in choosing your career path?**



12) When you've completed your reflection click on **Save your journal entry**